



# Domino's Pizza Nutrition Guide

Using the Food Pyramid as guide, Domino's Pizza can be part of a healthy, balanced diet. Because pizza is customizable, it is possible to enjoy a variety of foods (bread, vegetables, cheese and meats) on a single slice. We choose our ingredients on the basis of safety, taste, and nutritional content to bring our consumers what they want. Domino's Pizza dedicates its attention, energy, and resources to one mission: deliver a delicious, hot and fresh pizza every time.

Recommended Pizza Serving Size:		Weight (g.)	Calories	Calories from Fat	Fat (g.)	Saturated Fat (g.)	Trans Fat (g.)	Cholesterol (mg.)	Sodium (mg.)	Carbohydrates (g.)	Fiber (g.)	Total Sugars (g.)	Protein (g.)
	Small												
Thin Crust	1/6 pizza												
Hand Tossed	1/6 pizza												
Deep Dish	n/a												
Brooklyn	n/a												
Pizza Basics: Small		Amount per Serving											
Crust Per serving	Hand Tossed	51	120	15	2	0	0	0	130	23	1	1	4
	Thin Crust	21	81.6	28	3	1	0	1	14	11	.5	.7	2
	Deep Dish	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
	Brooklyn	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n
Sauce Per serving	BBQ Sauce	7	13.3	0	0	0	0	0	51.6	3	.2	2.5	.2
	Pizza Sauce	14	7	.3	0	0	0	0	51	1.3	.3	.6	.3
Cheese Per Serving	Regular cheese	16.5	44	31	3.3	2.2	0	11	137	0	0	0	4
	Cheese only pizza	23.6	63	41.6	4.6	4.7	.1	15.7	196	0	0	0	5.5
	Extra Cheese (w/ toppings)	23.6	63	41.6	4.6	4.7	.1	15.7	196	0	0	0	5.5
Toppings: for a 1 topping small pizza serving		Amount per Serving											
	Anchovies*	4.6	10	5.8	.6	0	0	4	275	5	0	0	1
	Bacon	9.5	45	30	3.3	1	0	10.8	168	.8	0	.3	2.6
	Banana Peppers	7	2.5	0	0	0	0	0	33	.3	1	.3	.2
	Beef	11.8	36.6	28.3	3	1.3	0	8.3	66.6	0	0	0	1.8
	American Cheese	9.5	35	25	2.8	2	0	8.3	170	.3	0	.2	1.8
	Cheddar Cheese	4.6	18.3	13.3	1.5	1	0	5	30	0	0	0	1
	Feta Cheese	4.6	10	5.8	.7	.4	0	1.6	41.6	.2	0	0	.8
	Parmesan, Shredded	4.6	18.3	11.6	1.3	.8	0	3.3	51.6	.2	0	0	1.5
	Provolone Cheese	4.6	16.6	11.6	1.3	.8	0	5	40	0	0	0	1
	Chicken	11.8	16.6	5	.5	.2	0	6.6	86.6	.3	0	0	2.6
	Green Pepper	7	1.6	0	0	0	0	0	0	.3	.2	.2	0
	Ham	7.8	10	4	.5	.16	0	3.3	113	0	0	0	1
	Mushroom	11.8	2.5	0	0	0	0	0	2.5	.3	.2	0	.3
	Olive, Black	7	11.6	11.6	1	.2	0	0	51.6	.2	.2	0	0
	Olive, Green	7	11.6	11.6	1	.25	0	0	156	.2	.2	0	0
	Onion	7	1.6	0	0	0	0	0	.8	.5	0	0	0
	Pepperoni	5.8	26.6	21.6	2.3	.8	0	5.8	113	0	0	0	1
	Pepperoni, Extra Large	6.3	30	25	2.6	1	0	5.8	105	.2	0	0	.2
	Philly Steak	9.5	11.6	4	.4	.16	0	4	66.6	.2	0	.2	1.6
	Pineapple	11.8	7.5	0	0	0	0	0	.8	2	.2	1.6	0
	Salami*	6.3	25	18.3	2	.7	0	5.8	105	.2	0	.2	1.5
	Sausage, Italian	11.8	41.6	31.6	3.5	1.3	0	6.6	123	1	0	.5	1.5
	Tomato	14	2	0	0	0	0	0	.7	.5	.2	.4	.1
	Wing Sauce	4.6	1.6	0	0	0	0	0	153.3	.3	.2	.2	0

\* Limited availability. Check with your local store.

Recommended Pizza Serving Size:		Weight (g.)	Calories	Calories from Fat	Fat (g.)	Saturated Fat (g.)	Trans Fat (g.)	Cholesterol (mg.)	Sodium (mg.)	Carbohydrates (g.)	Fiber (g.)	Total Sugars (g.)	Protein (g.)
	Medium												
Thin Crust	1/8 pizza												
Hand Tossed	1/8 pizza												
Deep Dish	1/8 pizza												
Brooklyn	n/a												
<b>Pizza Basics: Medium</b>		<b>Amount per Serving</b>											
Crust Per serving	Hand Tossed	50	120	15	1.5	0	0	0	125	22	1	1	4
	Thin Crust	22.1	83.7	30	3.2	.5	0	.6	15	11.6	.6	.6	2.1
	Deep Dish	57.5	161	47.5	1	0	0	0	252	24.8	2.8	.5	4.2
	Brooklyn	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Sauce Per serving	BBQ Sauce	8.8	16	0	0	0	0	0	63.7	3.6	.1	3	0
	Pizza Sauce	15	7.5	0	0	0	0	0	54	1.5	.3	.7	.2
Cheese Per Serving - thin crust or hand tossed	Regular cheese	17.7	47	31	3.5	2.3	0	11.8	147	0	0	0	4.1
	Cheese only pizza	26.6	71	47.5	5.3	3.5	.1	17.7	221.6	0	0	0	6.2
	Extra Cheese (w/ toppings)	26.6	71	47.5	5.3	3.5	1	17.7	221.6	0	0	0	6.2
<b>Toppings: for a 1 topping medium pizza serving</b>		<b>Amount per Serving</b>											
	Anchovies*	7	13.7	8.7	1	0	0	5.6	413.7	7.8	0	0	1.6
	Bacon	8.8	42.5	28.7	3.2	1	0	10	157.5	.7	0	.3	2.5
	Banana Peppers	7	1.8	0	0	0	0	0	33.7	.3	.2	.3	.1
	Beef	12.3	37.5	28.7	3.2	1.3	0	8	71.	0	.1	0	2
	American Cheese	10.6	38.7	28.7	3.2	2	0	10	191	.3	0	.2	2
	Cheddar Cheese	7	28.7	21	2.3	1.5	0	7.5	43.7	0	0	0	1.7
	Feta Cheese	5.3	11	6	.7	.5	0	1.8	47.5	0	0	0	.8
	Parmesan, Shredded	5.3	21	13.7	1.5	1	0	4.3	57.5	0	0	0	1.6
	Provolone Cheese	7	25	18.7	2	1.2	0	7.5	58.7	0	0	0	1.5
	Chicken	12.3	17.5	5	.5	0	0	7.5	91.2	.4	0	0	2.7
	Green Pepper	7	1	0	0	0	0	0	0	.4	.1	.2	0
	Ham	8.8	11	5	.5	.2	0	4.3	127.5	0	0	0	1.3
	Mushroom	12.3	2.5	0	0	0	0	0	3	.2	.1	0	.4
	Olive, Black	7	12.5	11	1.2	.2	0	0	51.2	.2	.2	0	.1
	Olive, Green	7	12.5	11	1.2	.2	0	0	156.2	.2	.2	0	.1
	Onion	7	1.8	0	0	0	0	0	.6	.5	.1	0	.1
	Pepperoni	6.6	30	23.7	2.6	1	0	6.2	127.5	0	0	.1	1.3
	Pepperoni, Extra Large	7	33.7	27.5	3	1	0	6.8	118.7	0	0	.1	1.3
	Philly Steak	8.8	11	3.7	.4	.2	0	3.7	62.5	.2	0	.1	1.5
	Pineapple	12.4	7.5	0	0	0	0	0	1.2	2	.1	1.7	0
	Salami*	7	27.5	20	2.2	.8	0	6.8	118.7	0	0	.1	1.6
	Sausage, Italian	12.3	43.7	33.7	3.7	1.4	0	6.8	128.7	1	0	.5	1.5
	Tomato	19	2	0	0	0	0	0	.7	.7	.2	.4	.1
	Wing Sauce	3.5	1	0	0	0	0	0	115	.2	.1	.1	0

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\* Limited availability. Check with your local store.

Recommended Pizza Serving Size:		Weight (g)	Calories	Calories from Fat	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Total Sugars (g)	Protein (g)
	Large												
Thin Crust	1/8 pizza												
Hand Tossed	1/8 pizza												
Deep Dish	1/8 pizza												
Brooklyn	1/6 pizza												
<b>Pizza Basics: Large</b>		<b>Amount per Serving</b>											
Crust Per serving	Hand Tossed	68	160	20	2.5	0	0	0	170	30	1.1	1	6
	Thin Crust	30	115	40	4.5	.75	0	.6	20	15.8	.8	.8	2.8
	Deep Dish	76	212.5	60	6.6	1	.1	0	325	33.5	3.6	.75	5.7
	Brooklyn	51.3	125	16.7	1.8	.25	0	0	130	23	.8	1.1	4
Sauce Per serving	BBQ Sauce	12.3	22.5	0	0	0	0	0	90	5	.1	4.3	.1
	Pizza Sauce	21.2	10.6	0	0	0	0	0	76.5	2.1	.6	1	.4
Cheese Per Serving - thin crust or hand tossed	Regular cheese	24.7	65.8	45.6	4.5	3.3	.1	16.4	205.8	0	.3	0	5.7
	Cheese only pizza	37.2	99	66.2	7.4	4.9	.1	24.8	309.9	0	.4	0	8.6
	Extra Cheese (w/ toppings)	37.2	99	66.2	7.4	4.9	.1	24.8	309.9	0	.4	0	8.6
<b>Toppings: for a 1 topping large pizza serving</b>		<b>Amount per Serving</b>											
	Anchovies*	7.1	13.7	8.7	1	0	0	5.6	413.7	7.8	0	0	1.6
	Bacon	12.3	58.7	40	4.5	1.6	0	13.7	221	1	0	.5	3.6
	Banana Peppers	10.6	3.1	.6	0	0	0	0	51	.6	.3	.6	.1
	Beef	17.7	53.7	41.2	4.6	2	0	11.8	101	0	.1	0	2.7
	American Cheese	12.3	45	33.7	3.7	2.3	.1	1.2	222.5	.3	0	.2	2.3
	Cheddar Cheese	8.8	36.2	26.2	2.8	1.8	.1	9.3	55	.1	0	0	2.2
	Feta Cheese	7.1	15	8.7	1	.6	0	2.5	63.7	.1	0	0	1.2
	Parmesan, Shredded	7.1	27.5	18.7	2	1.3	0	5.6	76	.2	0	0	2.1
	Provolone Cheese	8.8	31.2	22.5	2.5	1.5	0	9.3	73.7	.1	0	0	1.8
	Chicken	17.7	25	7.8	.7	.1	0	10	130	.6	0	0	3.8
	Green Pepper	10.6	1.8	0	0	0	0	0	0	.5	.1	.2	.1
	Ham	11.7	15	6.2	.7	.2	0	5.6	170	0	0	0	1.8
	Mushroom	17.7	3.7	0	0	0	0	0	4.3	.3	.1	0	.5
	Olive, Black	10.6	18.7	16.2	1.8	.3	0	0	77.5	.3	.3	0	.1
	Olive, Green	10.6	18.7	16.2	1.8	.3	0	0	223.7	.3	.3	0	.1
	Onion	10.6	3.1	0	0	.1	0	0	1.2	.6	.1	0	.1
	Pepperoni	8.8	40	31.2	3	1.2	0	8.1	171	0	0	.1	1.8
	Pepperoni, Extra Large	9.3	45	36.2	4.1	1.5	0	8.7	158.7	.1	0	.1	1.8
	Philly Steak	12.3	15	5	.5	.2	0	5.6	86.2	.3	0	.2	2.1
	Pineapple	17.7	11.2	0	0	0	0	0	1.8	2.8	.1	2.6	.1
	Salami*	9.3	36.2	27.5	3	1.1	0	8.7	158.7	.2	0	.2	2.2
	Sausage, Italian	17.7	62.5	47.5	5.2	2	0	10	183.7	1.6	0	.7	2.1
	Tomato	18.9	2	0	0	0	0	0	.7	.7	.2	.4	.1
	Wing Sauce	5.3	1.8	0	0	0	0	0	172.5	.3	.1	.1	0

Every pizza ordered has the potential to be a totally unique creation, and this nutritional guide reflects that range of possibilities. Nutritional information is provided for each of the elements that go into a pizza: what size pizza, what type of crust, sauce, toppings. When you create your own pizza, to see the total picture of what you are ordering, add together the numbers for each element from these charts. For Feast Pizzas and side items, there is no need to add; the ranges for these items are the total.

\* Limited availability. Check with your local store.

Recommended Pizza Serving Size:		Weight (g.)	Calories	Calories from Fat	Fat (g.)	Saturated Fat (g.)	Trans Fat (g.)	Cholesterol (mg.)	Sodium (mg.)	Carbohydrates (g.)	Fiber (g.)	Total Sugars (g.)	Protein (g.)
	Extra Large												
Thin Crust	1/10 pizza												
Hand Tossed	1/10 pizza												
Deep Dish	n/a												
Brooklyn	1/8 pizza												
<b>Pizza Basics:</b> Extra Large		<b>Amount per Serving</b>											
Crust Per serving	Hand Tossed	71	176	24	2.4	.4	0	0	184	32	1.1	1.6	5.6
	Thin Crust	34	130	45	5	.8	0	1	23	17.9	.9	1	3.2
	Deep Dish	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
	Brooklyn	67.6	165	21	2.3	.4	0	0	172.5	30.3	1	1.5	5.5
Sauce Per serving	BBQ Sauce	22.7	11.4	.6	0	0	0	0	81.7	2.3	.5	1	.5
	Pizza Sauce	12.8	24	0	0	0	0	0	92	5.2	.6	4.6	.2
Cheese Per Serving - thin crust or hand tossed	Regular cheese	25.5	71	47	5.3	3.4	.2	15	210	1.1	.3	.2	6
	Cheese only pizza	38.3	101	68	7.6	4.7	.2	28	337	2.1	.4	.3	6.2
	Extra Cheese (w/ toppings)	38.3	101	68	7.6	4.7	.2	28	337	2.1	.4	.3	6.2
<b>Toppings:</b> for a 1 topping extra large pizza serving		<b>Amount per Serving</b>											
	Anchovies*	5.7	11	7	.8	0	0	4.5	331	6.3	0	0	1.3
	Bacon	14.2	67	46	5	1.8	0	16	252	1.2	0	.6	4.1
	Banana Peppers	11.3	3.5	.5	0	0	0	0	54	.6	.4	.6	.2
	Beef	18.4	56	43	4.8	2	.1	12.5	105	0	.1	0	2.9
	American Cheese	12.8	47	35	3.9	2.4	.1	11.5	229	.4	0	.2	2.4
	Cheddar Cheese	9.9	40	30	3.3	2	.1	10.5	62	.1	0	.1	2.5
	Feta Cheese	7	15	9	1	6	0	3	63	.2	0	.1	1.2
	Parmesan, Shredded	7	28	18	2	1.4	0	5.5	77	.2	0	0	2.1
	Provolone Cheese	9.9	34	26	2.8	1.7	.1	10.5	83	.1	0	.1	2
	Chicken	18.4	26	7	.8	.2	0	10.5	135	.6	0	0	4.1
	Green Pepper	11.3	2.5	0	0	0	0	0	0	.5	.2	.3	.1
	Ham	12.8	16	7	.8	.2	0	6	183	.1	0	.1	2
	Mushroom	18.4	3.5	0	0	0	0	0	4	.4	.1	0	.5
	Olive, Black	11.3	20	18	2	.4	0	0	83	.3	.3	0	.1
	Olive, Green	11.3	20	18	2	.4	0	0	249	.3	.3	0	.1
	Onion	7.1	2	0	0	0	0	0	1	.4	.1	0	.1
	Pepperoni	9.6	43	34	3.8	1.4	0	9	184	0	0	.1	2
	Pepperoni, Extra Large	9.4	45	37	4	1.5	0	9	158	.1	0	.1	1.8
	Philly Steak	14.2	17	6	.6	.3	0	6.5	99	.4	0	.3	2.5
	Pineapple	18.4	11	0	0	0	0	0	2	3	.2	2.7	.1
	Salami*	9.4	37	27	3	1.2	0	9	159	.2	0	.2	2.2
	Sausage, Italian	18.4	65	49	5.5	2	0	10.5	192	1.6	0	.7	2.2
	Tomato	14.2	.5	0	0	0	0	0	.7	.7	.2	.4	.1
	Wing Sauce	5.7	2	0	0	0	0	0	183	.4	.1	.1	.1

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	S	M	L	XL													
Thin Crust	1/6 pizza	1/8 pizza	1/8 pizza	n/a													
Hand Tossed	1/6 pizza	1/8 pizza	1/8 pizza	1/10 pizza													
Deep Dish	n/a	1/8 pizza	n/a	n/a													
Brooklyn	n/a	n/a	1/6 pizza	1/8 pizza													
Amount per Serving																	
Feast Pizzas B.B.Q Chicken, Deluxe, Hawaiian, ExtravaganZZa., MeatZZa, Pepperoni, Veggie, Canadian	S				67.2-129	176.6-308	90-153	10-17	3.8-6.5	.2-.3	20-35	360-758	13.5-29	1-1.6	1.3-4.3	6.6-12	
	M				72.2-185	250-357	91-195	10.2-21	4.1-7.4	.2-.4	21.2-38	396-896	14-31.3	1-3.7	1.4-4.5	7-12.7	
	L				97-183.3	230-471	98.7-253	10.8-28	5-9.7	.2-.6	28-50.6	525-1161	19.2-42	1-4.7	1.7-6	9.3-17	
	X				105-187.5	276-458	111-249	12.3-27.7	5.5-9.9	.3-.5	30.5-53.5	568-1113	21.5-41	1.3-2	2-7	10-18	
Sides																	
Amount per Serving																	
Breadsticks 1/8 order = 1 serving					30.5	108.7	56.2	6.2	1.2	.1	0	97.5	11	.4	.5	2.1	
Cheesy Bread 1/8 order = 1 serving					35.7	116.2	57.5	6.4	2.1	.2	6.2	142.5	11	.4	.6	3.5	
Cinna Stix 1/8 order = 1 serving					32.7	117.5	55	6	1	.1	0	86	13.6	.5	3	2	
Buffalo Wings Hot or BBQ Sauce 1/10 order = 1 serving					42	102-110	62	6.9	1.8	0	25	201-343	1.2-3	.1	.2-2.1	8.1-8.2	
Boneless Chicken 1/8 order = 1 serving					31.6	56.9	20.7	1.9	.15	0	12.6	281	4.7	.3	.3	5.6	
Dipping Cups (per): Blue Cheese, Garlic, Hot, Marinara, Ranch, BBQ, Sweet Icing					Each	28-71	25-310	0-290	0-33	0-5	0	0-20	0-1480	0-57	0-1	0-55	0-2
Chocolate Lava Crunch Cakes (1 cake)					42.7	172	77.5	8.5	5	.13	32.5	85	23.2	.75	15.5	2	
Drinks					Nutrition information available on package label												

Item	Ingredients: Pizza Crusts
<b>CORN MEAL</b>	yellow corn, iron, niacin, thiamine, riboflavin, folic acid
<b>CRUST (DEEP DISH)</b>	enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin folic acid), water, malt, sugar, whey, malted barley flour, yeast, soybean oil. zesty blend: butter flavored oil (partially hydrogenated soybean oil, soy lecithin, artificial and natural butter flavoring, vitamin a palmitate and beta- carotene for color), imitation parmesan cheese (water, modified food starch, casein and or caseinate, partially hydrogenated soybean oil, cellulose powder, salt, sodium phosphates, stabilizers [mono and diglycerides, guar gum, carrageenan], natural flavor, lactic acid, sorbic acid [as a preservative]), onion and garlic, spices, salt, lactic acid, butter flavor, tomato powder, bell pepper, dextrose, citric acid, extractive of paprika and lemon and orange oil with no greater than 2% calcium silicate and/or soybean oil added to prevent caking.
<b>CRUST (HAND TOSSED)</b>	enriched flour (wheat flour, iron, thiamine mononitrate, niacin, riboflavin, folic acid), water, canola oil (canola oil, dimethylpolysiloxane), yeast (yeast, sorbitan monostearate, ascorbic acid) premix (sugar, salt, dough conditioners [sodium stearoyl lactylate, ascorbic acid, cysteine hydrochloride]), whey, enzyme).
<b>CRUST (THIN CRUST)</b>	flour (wheat, malted barley), water, soybean oil, yeast, dextrose, leavening (sodium acid pyrophosphate, sodium bicarbonate, comstarch, monocalcium phosphate), calcium propionate (preservative) soy lecithin

Item	Ingredients: Pizza Sauces
<b>PIZZA SAUCE</b>	tomato puree (water, tomato paste), tomato blend extract- contains less than 2% salt, sugar, spices and herbs, garlic, citric acid.

Item	Ingredients: Cheeses
<b>CHEESE (PIZZA)</b>	pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, enzymes (microbial rennet)
<b>CHEDDAR CHEESE</b>	pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose, natamycin, may contain colour.
<b>CHEESE (FETA)</b>	pasteurized milk, modified milk ingredients, bacterial culture, calcium chloride, microbial enzyme, lipase, brine(water, salt, calcium chloride, lactic acid, natamycin)
<b>PROVOLONE</b>	pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzymes, lipase, cellulose, natamycin

Item	Ingredients: Pizza Toppings
<b>ANCHOVIES*</b>	anchovies fillets, soya oil, salt
<b>BACON</b>	pork, water, salt, sodium phosphate, sodium erythorbate, sodium nitrite, smoke, (may contain: sugar, brown sugar, potassium chloride, spices, and flavor)
<b>HOT PEPPERS</b>	peppers, water, vinegar, salt, calcium chloride, sodium benzoate (preservative), turmeric.
<b>BEEF</b>	beef, water, salt, spice, spice extractives
<b>SALAMI</b>	beef, water, durum flour, salt, modified corn starch, glucose solids, spices, sodium phosphates, onion powder, sodium erythorbate, garlic powder, sodium nitrite, smoke flavour.
<b>CHICKEN (GRILLED)</b>	chicken breast meat, water, tapioca starch, glucose, salt, sugar, sodium phosphate, spices, maltodextrin, white wine powder, chicken flavour, vinegar powder, celery powder, citric acid, sodium ascorbate.
<b>GREEN PEPPERS</b>	green peppers
<b>HAM</b>	ham, water, salt, corn syrup solids, brown sugar, modified corn starch, sodium phosphate, carrageenan, sodium erythorbate, sodium nitrite, spice, smoke flavour.
<b>MUSHROOMS</b>	mushrooms
<b>OLIVES (BLACK)</b>	ripe olives, water, salt, ferrous gluconate

Item	Ingredients: Pizza Toppings
<b>OLIVES (GREEN)*</b>	green olives, water, salt, lactic acid, potassium sorbate
<b>ONIONS</b>	onions
<b>DOMINO'S OREGANO</b>	oregano
<b>PARSLEY</b>	parsley
<b>PEPPERONI</b>	pork, beef, salt, spices, mustard, dextrose, lactic acid starter culture, sodium nitrite
<b>BROOKLYN PEPPERONI</b>	pork and beef, salt, spices, dextrose, lactic acid starter, oleoresin of paprika, sodium ascorbate, sodium nitrite, citric acid.
<b>PHILLY STEAK PIZZA TOPPING</b>	beef, water, dextrose, salt, sodium phosphate, onion powder, garlic powder, coated with: seasoning [water, salt, dehydrated onion, beef flavor {hydrolyzed corn, soy, and wheat protein (contains autolyzed yeast extract) salt, maltodextrin, dextrose, beef fat flavor, disodium inosinate and disodium guanylate, carrageenan, grill flavor {from soybean oil}}, maltodextrin, spice, caramel color, xanthan gum}}).
<b>PINEAPPLE</b>	pineapple, water, sugar, citric acid, ascorbic acid.
<b>ITALIAN SAUSAGE</b>	pork, seasonings (spices, salt, corn syrup solids, paprika, garlic powder, spice extractives), water.
<b>TOMATOES</b>	tomatoes

Item	Ingredients: Side Items
<b>BREADSTICKS</b>	enriched flour (wheat flour, iron, thiamine mononitrate, niacin, riboflavin, folic acid), water, canola oil (canola oil, dimethylpolysiloxane), yeast (yeast, sorbitan monostearate, ascorbic acid) premix (sugar, salt, dough conditioners [sodium stearoyl lactylate, ascorbic acid, cysteine hydrochloride], whey, enzyme). <b>seasoning:</b> topping: palm oil, dehydrated garlic, romano cheese [(cultured part-skim milk, salt, enzymes), powdered cellulose (to prevent caking), potassium sorbate (preservative)], salt, modified food starch, parsley, natural flavour and yellow #5 lake with no greater than 2% silicon dioxide (to prevent caking)
<b>CINNA STIX®</b>	enriched flour (wheat flour, iron, thiamine mononitrate, niacin, riboflavin, folic acid), water, canola oil (canola oil, dimethylpolysiloxane), yeast (yeast, sorbitan monostearate, ascorbic acid) premix (sugar, salt, dough conditioners [sodium stearoyl lactylate, ascorbic acid, cysteine hydrochloride], whey, enzyme).
<b>CINNAMON SUGAR BLEND:</b>	sugar, ground cinnamon, no more than 2% soybean oil (as processing aid).

Item	Ingredients: Side Items
<b>BUFFALO WINGS</b>	chicken wings: (wing drummettes, winglets), sauce (sugar, water, tomato paste, white vinegar, salt, hydrolyzed soy protein, canola and/or soya oil, mustard flour, dehydrated onion and garlic, spices), water, soy protein isolate, salt, flavour, sodium phosphate, carrageenan, spices, spice extract, (browned in soybean and or canola oil).
<b>BONELESS CHICKEN</b>	chicken breast chunks, water, seasoning (salt, sugar, maltodextrin, onion & garlic powder, disodium isonate, disodium guanylate, natural flavours), wheat flour, modified corn starch, sodium phosphate. breaded with: wheat flour, modified corn starch, rice flour, salt, spices, onion & garlic powder, yeast extract, yellow corn flour, maltodextrin, sugar, natural flavour, spice extracts. battered with: water, wheat flour, modified wheat and corn starch, salt, yeast extract, leavening (sodium aluminum phosphate, sodium bicarbonate, mono calcium phosphate), spices, yellow corn flour, corn starch, spice extracts. predested with: wheat flour, modified corn starch, wheat gluten, salt, yellow corn flour, canola oil (mfg aid), spice extracts. fried in vegetable oil (canola and/or soybean).
<b>CHEESY BREAD</b>	enriched flour (wheat flour, iron, thiamine mononitrate, niacin, riboflavin, folic acid), water, canola oil (canola oil, dimethylpolysiloxane), yeast (yeast, sorbitan monostearate, ascorbic acid) premix (sugar, salt, dough conditioners [sodium stearoyl lactylate, ascorbic acid, cysteine hydrochloride], whey, enzyme). <b>Topping:</b> palm oil, dehydrated garlic, romano cheese (cultured part-skim milk, salt, enzymes), powdered cellulose (to prevent caking), potassium sorbate (preservative), salt, modified food starch, parsley, natural flavour and yellow #5 lake with no greater than 2% silicon dioxide (to prevent caking) <b>Cheddar cheese:</b> pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, lipase, cellulose, natamycin, may contain colour. <b>Pizza cheese:</b> pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, enzymes (microbial rennet)
<b>CHOCOLATE LAVA CRUNCH CAKE</b>	cake: fudge (high fructose corn syrup, condensed nonfat milk, hydrogenated coconut oil, water, sugar, cocoa processed with alkali, cocoa, modified food starch, sodium alginate, salt, mono & diglycerides, potassium sorbate {preservative}, soy lecithin, natural and artificial flavors), cookie cake (enriched flour {wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid}, sugar, high oleic canola oil and/or soybean oil, cocoa {processed with alkali}, high fructose corn syrup, leavening {baking soda and/or calcium phosphate}, salt, soy lecithin {emulsifier}, chocolate, vanillin), sugar, butter, flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), cookie pieces (sugar, enriched flour {wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid}, high oleic canola oil and/or palm oil and/or canola oil and/or soybean oil, cocoa {processed with alkali}, high fructose corn syrup, cornstarch, leavening {baking soda and/or calcium phosphate}, salt, soy lecithin {emulsifier}, vanillin, chocolate), eggs, egg yolks, natural vanilla flavor, cocoa <b>Powdered Sugar Shake-On:</b> sugar

Item	Ingredients: Side Items
<b>BBQ SAUCE</b>	glucose/fructose, sugar, water, tomato paste, white vinegar, blackstrap molasses, salt, canola and/or soya oil, modified corn starch, spices, flavour, dehydrated onion and garlic, caramel colour, mustard flour, xanthan gum
<b>HONEY GARLIC SAUCE</b>	glucose/fructose, sugar, water, honey, dehydrated garlic, modified corn starch, salt, hydrolyzed soy protein, citric acid, caramel colour, sodium benzoate, potassium sorbate
<b>CAYENNE HOT SAUCE (FRANK'S)</b>	aged cayenne red peppers, vinegar, water, salt, garlic powder
<b>MARINARA SAUCE DIPPING CUP</b>	tomato puree (water, tomato paste), sugar, salt, dehydrated garlic, spices, sodium benzoate (preservative), citric acid, natural flavor, calcium disodium edta added to protect flavor.
<b>BLUE CHEESE DRESSING DIPPING CUP</b>	soybean oil, water, blue cheese (milk, cheese cultures, salt, enzymes), distilled vinegar, high fructose corn syrup, egg yolk, salt, potassium sorbate and sodium benzoate added as preservatives, xanthan gum, lactic acid, dehydrated garlic, natural flavor, calcium disodium EDTA added to protect flavor.
<b>BBQ DIP CUP</b>	water, glucose-fructose, tomato paste, refiners molasses, vinegar, modified corn starch, salt, seasoning (salt, dehydrated garlic, dehydrated onion, lemon juice powder [corn syrup solids, lemon juice solids, lemon oil], turmeric, spices, natural flavour, sodium benzoate [preservative], tricalcium phosphate), spices, natural flavour, caramel colour, xanthan gum, sodium benzoate (preservative), soy lecithin.
<b>RANCH DRESSING DIPPING CUP</b>	soybean oil, water, distilled vinegar, high fructose corn syrup, salt, egg yolk, whey protein concentrate, monosodium glutamate, xanthan gum, buttermilk solids, onion*, potassium sorbate and sodium benzoate added as preservatives, glucono delta lactone, natural flavors, polysorbate 60, spices, garlic*, lactic acid, calcium disodium edta added to protect flavor *dehydrated.
<b>CREAMY GARLIC SAUCE DIPPING CUP</b>	soybean oil, water, glucose-fructose, distilled vinegar, salt, modified corn starch, maltodextrin, garlic including dehydrated, corn starch, polysorbate 60, yeast extract, xanthan gum, citric acid, lemon juice concentrate, dehydrated onions, spices, potassium sorbate (preservative), natural flavours, calcium disodium EDTA (added to protect flavour), canola and sesame oil.
<b>SWEET ICING DIPPING CUP</b>	sugar, water, partially hydrogenated coconut oil, high fructose corn syrup, mono and diglycerides, vanilla extract, potassium sorbate added as preservative, xanthan gum, titanium dioxide, citric acid, calcium disodium edta added to protect flavor, corn starch.
<b>HOT SAUCE DIP CUP</b>	red pepper, vinegar, water, soybean oil, salt, dehydrated ancho chili pepper, garlic, dehydrated onion, refiners' molasses, corn syrup, dehydrated garlic, sugar, celery seed, tamarind, spices, natural and artificial flavour, xanthan gum, caramel colour, allura red, propylene glycol alginate, calcium disodium EDTA added to protect flavour.
<b>CHEESIE JALAPENO DIPPING CUP</b>	soybean oil, water, corn syrup, cheddar cheese flavour, maltodextrin, modified corn starch, salt, jalapeno puree (jalapeno peppers, salt, acetic acid, calcium chloride), lactic acid, xanthan gum, polysorbate 60, phosphoric acid, flavour, dehydrated green peppers, potassium sorbate, propylene glycol alginate, spice extract, calcium disodium EDTA, colour (contains tartrazine), citric acid, autolyzed yeast extract, milk ingredients, soy lecithin.
<b>PHASE OIL</b>	liquid and hydrogenated soybean oil, salt, soy lecithin, artificial and natural flavour, beta carotene (colour), TBHQ (tert-butylhydroquinone), and citric acid to protect flavour, dimethylpolysiloxane, anti-foaming agent

## COMMON ALLERGENS

### ANIMAL RENNET

None of our cheeses are made with animal rennet. They ARE all made with artificial rennet (microbial enzyme)

### MILK

Dough – whey (in the premix)

Deep Dish – casin, caseinate, whey

Pizza Cheese – pasteurized milk, modified milk ingredients

Feta – pasteurized milk, modified milk ingredients

Cheddar Cheese - pasteurized milk, modified milk ingredients

Breadstick Seasoning – cultured part skim milk

Ranch Dipping Sauce – whey protein, buttermilk solids

Provolone Cheese - pasteurized milk, modified milk ingredients

White Cheddar Slices – milk, modified milk ingredients

Cheesie Jalapeno Dipping – milk ingredients

Chocolate Lava Crunch Cake – milk , butter

### NUTS & NUT OILS

Chocolate Lava Crunch Cake – contains no nuts.

made in a facility that handles peanuts and tree nuts

### MSG

Ranch Dipping Cup – MSG

### SOYA

Deep Dish – soybean oil, soy lecithin, partially hydrogenated soybean oil

Thin Crust – soybean oil, soy lecithin

Anchovies – soya oil

Chicken Wings – soy protein, soy oil

Boneless Chicken- soybean oil

BBQ Sauce – soya oil

Honey Garlic Glaze – hydrolyzed soy protein

Phase – liquid and hydrogenated soybean oil, soy lecithin

Cinnamon Sugar – no more then 2% soybean oil as a processing aid

Ranch Dipping Cup – soybean oil

Roasted Garlic Dipping Cup – soybean oil

Philly Meat – hydrolyzed soy protein

White Cheddar Slices – soy lecithin

Cheesie Jalapeno Dipping – soybean oil

Chocolate Lava Crunch Cake – soy lecithin, soybean oil

### BARLEY

Deep Dish – malted barley flour

Thin Crust – malted barley

Chocolate Lava Crunch Cake - malted barley flour

### WHEAT

Dough – wheat flour

Deep Dish – enriched wheat flour

Thin Crust – wheat flour

Salami – durum flour

Philly Meat – wheat protein

Boneless Chicken- wheat flour, modified wheat starch

Chocolate Lava Crunch Cake – wheat

### FISH & SHELLFISH

Anchovies

Shrimp

### EGGS

Ranch Dipping Cups– egg yolk

Chocolate Lava Crunch Cake – egg, egg yolks

### PARTIALLY HYDROGENATED OILS

Deep Dish – partially hydrogenated soybean oil

Icing Cups – partially hydrogenated coconut oil

### YEAST

Dough – yeast

Deep Dish – yeast

Thin Crust – yeast

Roasted Garlic Dipping Cups – dried yeast

Philly Steak – autolyzed yeast extract

Cheesie Jalapeno Dipping – autolyzed yeast extract

Hearty Marinara Sauce – yeast extract